

August 2020

Millburn Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
Hot Dog Carrot Sticks Applesauce Cup Milk	Chicken Sandwich Garbanzo Bean Salad Chilled Cupped Fruit Milk	Hamburger on a Bun Tater Tots Raisins/Cranberries Milk	Chicken Nuggets w/Pretzel Stick Romaine Salad/Ranch Chilled Cupped Fruit Milk	Turkey & Cheese Sub Celery Sticks w/Ranch Fresh Fruit Milk
31				
Chicken Tenders w/ Pretzel Stick Carrots Fresh Fruit Milk				

Lunch \$ 3.00
Milk \$0.60

Included with Every Meal
Fruit and Vegetable
1% or Fat-Free Milk

Heat & Serve Meals
these meals are offered precooked and served cold with the purpose of them being heated PRIOR to consuming. Please make sure to **HEAT to a temperature of 165*F or higher**. All hot foods must be held at a temperature of 135*F or higher.

Menu changes are occasionally necessary. Notice will be given when possible. This institution is an equal opportunity employer.

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

Arbor Management

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!